

"Old ladies' songs from Idanha-a-Nova and Paúl: traditional and modern adufe rhythms"

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8 am (AZOST)	Portuguese Adufe: tradition, names of the parts of the drum, history, bibliography; website adufes.com
8h15	Warm up with adufe - voice warm up
8h25	How to learn the songs with frame drum? Learn how to sing? Learn how to play? How put it together? Using the drone to create a body memory.
8h30	Adufe Basic Strokes: Dum, Tá Ki; Adufe movement; Position
8h35	Traditional Rhythms: 2beat and 3 beat
8h45	Taimpum: sing melody with syllables - Monsanto Village
8h55	Break - https://vimeo.com/156582523
9h	Learn the words Taimpum
9h05	Taimpum: words and traditional rhythm
9h10	Taimpum: konnakol, words and rhythm
9h20	Senhora do Incenso; https://goo.gl/maps/rWePJKaCfsyuh3Z6 ; Festivite on Easter Monday - Penamacor
9h25	Pizza technique; sing melody with syllables
9h30	Portuguese Words: sing, sing with pulse, sing with traditional rhythm; sing with pizza technique
9h35	"Ai à porta da nossa ama"; Proença-a-Velha village https://pt.wikipedia.org/wiki/Proença-a-Velha
9h40	Ritmo moderno: intro, basic pattern; metric modulation
9h55	Break - https://www.youtube.com/watch?v=ebt9AmKUoAM
10h	São João - Penha Garcia village https://pt.wikipedia.org/wiki/Penha_Garcia
10h05	Zohar Arab rhythms composition from (Crete 2011)
10h10	São João with arab mediterranean rhythm
10h20	Moleira do Paúl village - https://vimeo.com/290897633 https://pt.wikipedia.org/wiki/Paul_(Covilhã)
10h25	Moleira with new pattern 8 6 4 2 1
10h35	Questions
10h45	Summary
11h	End - https://www.youtube.com/watch?v=7NPblqq0nUg